# Green Leasing to a Government Tenant: Delivering High Performance Buildings at Potomac Yard





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Architecture Exchange East November 3, 2006

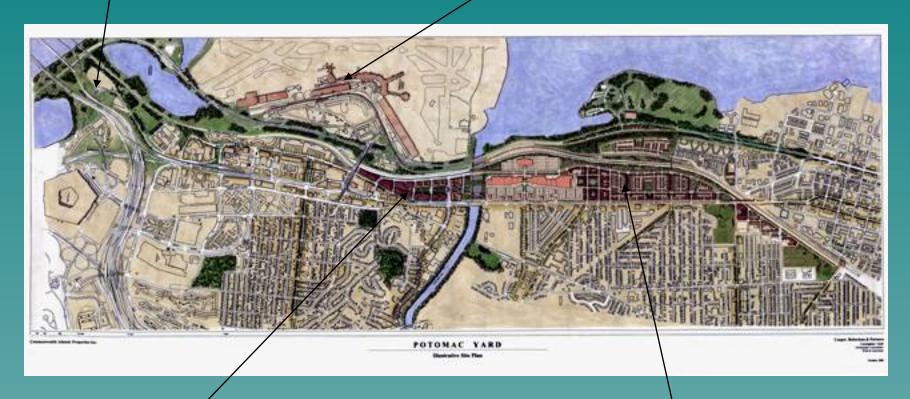
## Potomac Yard: Introduction

- Three Perspectives:
  - The Developer, who made business decisions to provide high performance buildings, and to draw lines in order to keep the construction process on track
  - The LEED / Green Building Consultant who found her place in the middle of the process
  - The General Contractor, whose dedicated efforts and attention to detail have made this project a success
- Through effective business relationships and management, the fast-track project achieved a level of environmental performance that is ultimately available to all speculative buildings.

## Potomac Yard Master Plan

North Tract

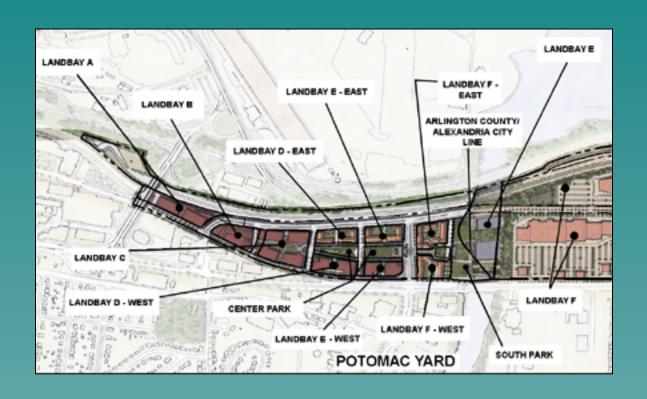
Reagan National Airport



Arlington

Alexandria

# Land Bays at Potomac Yard Arlington



# Aerial of Potomac Yard Arlington Before Construction



## Aerial of One and Two Potomac Yard



# One and Two Potomac Yard Completed





# One & Two Potomac Yard Project Information





- Two towers, each 12 stories tall
- 9 floors of office, 650,000 sf total
- 6 levels of garage(3 above grade, 3 below)
- EPA is lead tenant with more than 405,000 sf
- Construction start May 2004
- Completed March 2006

# Potomac Yard: The Story

- Originally conceived as a pair of conventionally designed, speculative office buildings, had already gone out to bid.
- GSA released a Solicitation for Offers (SFO) for 400,000+ square feet for the U.S. EPA. This incentive effectively changed "everything" and threw everyone into the mixing bowl of delivering green buildings.
- The GSA/EPA SFO required LEED Silver certification, but it also required Federal green building standards.
- The team embarked upon a lengthy process of building trust and building team expertise.

# Project Goals and Objectives

#### Goals:

- Sustainable Development: Meet needs of the present without compromising ability of future generations to meet their needs
- Crescent Resources Mission Statement:
   Care for the environment and the communities we serve

### Objectives:

- EPA: Meet lease requirements
- LEED: Earn at least Silver Rating for each building

# EPA Lease Requirements

- Indoor Air Quality (IAQ) Testing during construction and before occupancy
- Low-VOC materials
- Energy savings of 20% and ENERGY STAR® building label
- Recycled-content products according to EPA's Comprehensive Procurement Guidelines (CPG)
- Construction-waste management program
- HVAC-system performance standards, including airflow and filter requirements
- Bicycle storage and changing and shower facilities
- Recycling rooms



# LEED for New Construction and Major Renovations (LEED-NC)

CERTIFICATION LEVEL	POINTS REQUIRED				
Certified	26 – 32				
Silver	33 – 38				
Gold	39 – 51				
Platinum	52 or more				

## LEED-NC Prerequisites and Credits

GREEN-BUILDING CATEGORY	PREREQUISITES	CREDITS	POINTS POSSIBLE
Sustainable Sites (SS)	1	8	14
Water Efficiency (WE)	-	3	5
Energy & Atmosphere (EA)	3	6	17
Materials & Resources (MR)	1	7	13
Indoor Environmental Quality (EQ)	2	8	15
Innovation & Design Process (ID)	-	2	5
TOTAL	7	34	69

## LEED Certification Process

- Registration early in design process
- Documentation throughout design and construction periods
- Application at end of construction period
- Administrative Approval after submission of complete application
- Preliminary LEED Review 30 days after administrative approval
- Supplementary Submittal 30 days after receiving preliminary review
- Second Preliminary LEED Review (Optional) if two or more audited credits are denied
- Second Supplementary Submittal (Optional) 30 days after receiving second preliminary review
- Final LEED Review -3 weeks after receiving supplementary submittal

## One and Two Potomac Yard Project Team

- Developer/Owner: Crescent Resources LLC
- Architect and Interior Design: Davis Carter Scott
- Structural Engineer: Fernandez & Associates Structural Engineers, P.C.
- Mechanical & Electrical Engineer: Girard Engineering
- Civil Engineer: christopher consultants, ltd.
- Landscape Architect: Oculus
- Lighting Design: Moran Coventry Lighting Associates
- **Energy Modeler**: Econergy International Corporation
- General Contractor: James G. Davis Construction Corporation
- Site Contractor: Metro Earthworks
- Commissioning Agent: Advanced Building Performance, Inc.
- IAQ Testing: Healthy Buildings International
- ◆ LEED / Green Building Consultant: Sustainable Design Consulting, LLC
- Attorney: Edward V. Gregorowicz
- Leasing: Millenium Realty Advisors
- Property Manager: Woodmark Real Estate Services
- Primary Tenant: U.S. Environmental Protection Agency
- ◆ Tenant Representative: U.S. General Services Representative
- Tenant Coordinator: Kramer Consulting











### One Potomac Yard: LEED Scorecard

43	2	6 Tota	al Project Score					Possible Points <b>69</b>
		Cert	ified 26 to 32 points Silver 33 to 38 points Gold 39 to 51 points	Pla	tinu	m	52 or mo	re points
10	4	Sust	ainable Sites Possible Points 14	6			Mater	ials & Resources Possible Points 13
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Y		Preren 1	Erosion & Sedimentation Control	Y		///	Perreg 1	Storage & Collection of Recyclables
1	_	Ceedil 1	Site Selection 1			1	Ceedil 1.1	Building Reuse, Maintain 75% of Exirting Shall
	-	Credit 3	Urban Redevelopment 1 Brownfield Redevelopment 1			+	Ceedil 1.2	Building Reuse, Maintain 100% of Exirting Shall
1		Ceedil 4.	•	1		•	Ceedil 2.1	Building Reuse, Maintain 100% Shall & 50% Non-Shall 1 Construction Vaste Management, Divort 50% 1
i	-	Ceedil 4.3	The state of the s	•		1	Cerdil 2.2	Construction Waste Management, Divert 75% 1
		Ceedil 4.	•			i	Ceedil 3.1	Resource Reuse, Specify 5%
i		Ceedil 4.				i	Ceedil 9.2	Resource Reuse, Specify 10%
	1	Ceedil 5.1	•	1			Ceedil 4.1	Recycled Content, Specify 5% 1
	1	Ceedil S.		1			Ceedil 4.2	Recycled Content, Specify 10% 1
	1	Ceedil 6.1	Stormwater Management, Rate and Quantity 1	1			Ceedil 5.1	Local/Regional Materials,20%ManufacturedLocally 1
1		Ceedil 6.	Stormwater Management, Trootmont 1	1			Ceedil 5.2	Local/Regional Materials, of 20% Above, 50% Harverted 1
1		Ceedil 7.1	Heat Island Reduction, Non-Roof 1			1	Ceedilli	Rapidly Renewable Materials 1
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	1	Ceedill	Light Pollution Reduction 1					
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1		Ceedil 5.	<u> </u>	1		•	Cerdita.4	Construction IAQ Management Plan, During Conv. 1
1		Ceedil 5.	•	1			Ceedil 9.2	Construction IAQ Management Plan, Boforo Occo 1
				1			Cerdil 4.1	Low-Emitting Materials, Adhorivor & Soulants 1
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Y		Prerent 3	CFC Reduction in HYAC&R Equipment			<u> </u>	Cerdil 6.4	Controllability of Systems, Perimeter 1
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1		Ceedil S	Measurement & Verification 1	1			Ceedil 1.5	Innovation in Design: WorEducation Program 1
1		Ceedilli	Green Power 1	1			Ceedil 1.4	Innovation in Design: 40% Water Efficiency 1
				1			Ceedil2	LEED™ Accredited Professional 1

### Two Potomac Yard: LEED Scorecard

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		Certif	ied 26 to 32 points Silver 33 to 38 points Gold 39 to 51 po	oints <b>Pl</b> a	tinur	n 52 c	r more points	
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1		Ceedil 4.2	Alternative Transportation, Bicyclo Storago & Changing Room	1		•	Construction Vaste M	_
1		Ceedil 4.5	Alternative Transportation, Alternative Fuel Refueling Station	1		•	III.4 Resource Reuse, Specify	
1		Ceedil 4.4	Alternative Transportation, Parking Capacity	1		-	Resource Reuse, Specify	
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	1	Ceedil 5.2	Reduced Site Disturbance, Development Footprint	1 1			Recycled Content, Special	-
	1	Cerdil 6.4	Stormwater Management, Rate and Quantity	1 1			15.1 Local/Regional Materi	-
1		Cerdit 6.2	Stormwater Management, Treatment	1 1			15.2 Local/Regional Materi	
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# Sustainable Sites: Land Use Strategies

- Prereq 1: Erosion & Sedimentation Control
  - Plan per Arlington County & VA regulations
- Credit 1: Site Selection
  - Site without sensitive elements or restricted land types
- Credit 2: Development Density
  - Site surrounded by dense development
- Credit 3: Brownfield Redevelopment
  - Former rail yard
- Credit 4: Alternative Transportation
  - 2 WMATA bus lines, Metro, & VRE
  - Bicycle storage & changing & shower facilities
  - Electric-vehicle fueling stations
  - Parking at 50% of market; car & van pool spaces







# Site and Building Design: Challenges and Opportunities

- Multi-faceted design and specification revisions prior to construction start
- Overlay of LEED and EPA criteria, along with County requirements, etc.
- Role of LEED Consultant as guide through the maze of LEED options and nuances



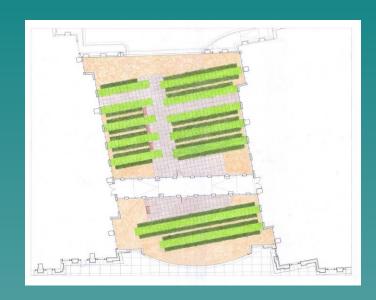
each return air grill, as determined by ASHRAE 52.2-1999.

Sustainable Sites: Site Design Strategies

- Credit 5: Reduced Site Disturbance (Two Potomac Yard Only)
  - Restore land adjacent to development
- Credit 6: Stormwater Management
  - Followed Arlington County / Chesapeake Bay requirements
  - Stormwater treated by sand filtration system
- Credit 7: Heat Island Effect
  - Design of non-roof and roof areas mitigate negative effects on microclimate
  - Roof canopy required by Arlington complicated achievement of this credit
- Credit 8: Light Pollution Reduction
  - Minimized "light trespass", but not enough for the LEED point

# Water Efficiency: Site and Building

- Credit 1: Water-Efficient Landscaping
  - Drought-resistant plants eliminate need for irrigation systems
- Credit 3: Water Use Reduction
  - Occupied buildings use over 40% less water than building baselines
  - Reconfirmation of dualflush toilet permissibility with Arlington County





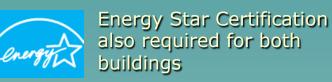
# Energy and Atmosphere

- Prereq 1: Fundamental Building Systems Commissioning
  - Independent commissioning agent
- Prereq 2: Minimum Energy Performance
  - ASHRAE/IESNA Standard 90.1-1999



- Prereq 3: CFC Reduction in HVAC&R Equipment
  - CFC-free HVAC & refrigeration systems
- Credit 1: Optimize Energy Performance
  - Energy over 20% costs below ASHRAE/IESNA Standard 90.1-1999 baseline
- Credit 3: Additional Commissioning
  - Additional review of construction documents, commissioning manual, O&M staff training





## Energy and Atmosphere (cont.)

- Credit 4: Ozone Protection
  - HCFC- & Halon-free HVAC & refrigeration systems
- Credit 5: Measurement and Verification (One Potomac Yard only)
  - Continuous metering equipment
  - Meeting EPA requirements in Two Potomac Yard, but not enough for the LEED point



- Credit 6: Green Power
  - EPA elected to pay for more than the total amount required of Green-E-certified power



# Materials and Resources: Design, Selection and Specifications

- Prerequisite: Storage & Collection of Recyclables
- Credit 2: Construction-Waste Management
  - Almost 75% of construction debris diverted from landfills
- Credit 4: Recycled Content
  - Value of post-consumer recycled content
     + ½ post-industrial recycled content
     = 10% of value of all materials
  - Very important to the OSWER!
- Credit 5: Regional Materials
  - Over 40% regionally manufactured
  - Over 10% regionally extracted/harvested/recovered
- Credit 6: Certified Wood
  - More than 50% of wood products in buildings use wood from FSC-certified forests



Source: FSC

## Indoor Environmental Quality

- Prereq 1: Minimum IAQ Performance
  - Comply with ASHRAE 62-1999
- Prereq 2: Environmental Tobacco Smoke (ETS) Control
  - No smoking in building, designated outside smoking areas away from entryways
- Credit 1: Carbon Dioxide Monitoring
  - Building-management control systems
- Credit 3: Construction IAQ Management
  - Comply with SMACNA guidelines
  - Protect absorptive materials
  - Install air filters during construction
  - Replace air filters before occupancy



Source: JHU Bloomberg School of Public Health

# Indoor Environmental Quality (cont.)

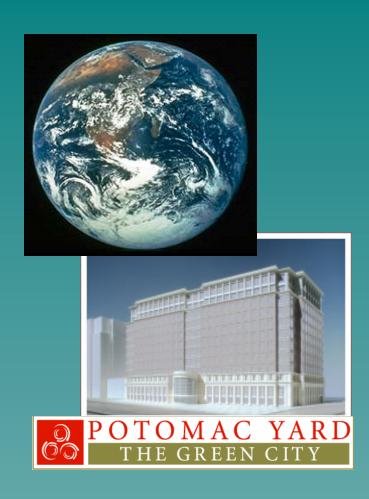
- Credit 4: Low-Emitting Materials
  - Low-VOC adhesives & sealants
  - Low-VOC paints & coatings
  - Green Label carpet systems
  - No added urea-formaldehyde resins in composite wood products
- Credit 5: Indoor Chemical & Pollutant Source Control
  - Permanent entryway systems to capture particulates
  - Segregation & ventilation of chemical-use areas
- Credit 7: Thermal Comfort
  - Comply with ASHRAE 55-1992
  - Permanent monitoring of temperature & humidity, and allow operator control



- Credit 8: Daylight & Views
  - Allow direct line of sight to outdoors from 90% of occupied spaces

## Innovation and Design Process

- Credit 1: Innovation in Design
  - 40% regionally manufactured materials
  - Green Housekeeping
  - User Education Plan
  - 40% water use reduction
- Credit 2: LEED-Accredited Professional
  - At least 8 LEED-Accredited Professionals on project team





#### **End Product/ Occupancy**

-Submit USGBC requirements

#### Construction

- Prepare IAQ management plan
- Prepare waste management plans
- Incorporate LEED credits to subcontracts

#### Preconstruction/Bid subcontractors

- Involve general contractor Review submittals
- Give clear direction to subcontractors inspections

reduce cost

- Gather documents

-Incorporate credits to drawings and k from subco Set goals

- Study possibilities of value engineering inue commissionina

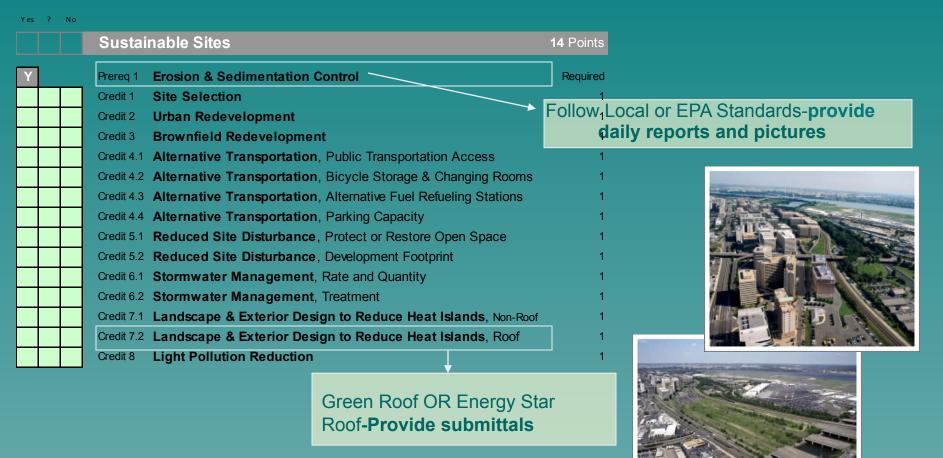
- Incorporate green in schedule - Maintain schedule

- specs
- Decide certification level
- Choose credits, analyze scorecard

Design

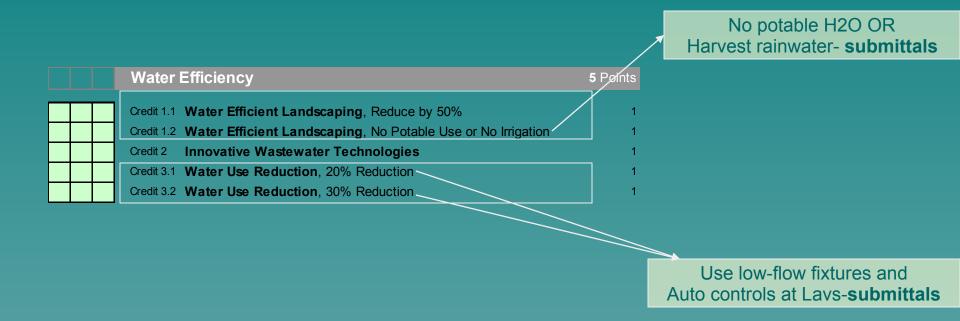
#### **SUSTAINABLE SITES**

#### 14 POINTS



#### WATER EFFICIENCY

#### **5 POINTS**



#### **ENERGY & ATMOSPHERE**

#### 17 POINTS

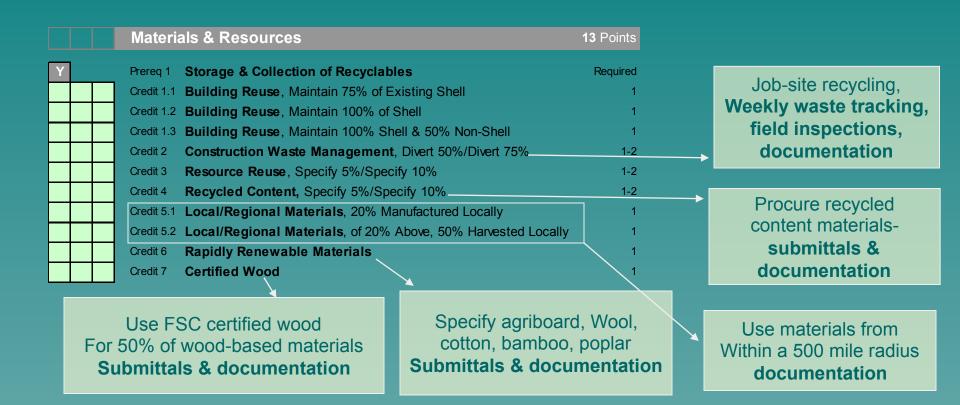


Continuous metering for:
Lighting and controls
Constant and variable motor loads
VFD's
Chiller efficiency
Air/H20 Economizers
Static Pressure
Boiler efficiencies
Process energy systems
Indoor H2O risers & irrigation submittals

No HCFC's or Halon In equip. and life safety submittals

#### **MATERIALS & RESOURCES**

#### 13 POINTS



#### **INDOOR ENV. QUALITY**

#### **Indoor Environmental Quality 15** Points Minimum IAQ Performance Required **Environmental Tobacco Smoke (ETS) Control** Required Carbon Dioxide (CO<sub>2</sub>) Monitoring Credit 1 Credit 2 Increase Ventilation Effectiveness Credit 3.1 Construction IAQ Management Plan, During Construction Credit 3.2 Construction IAQ Management Plan, Before Occupancy/Testing **Low-Emitting Materials** Credit 4 1-4 Credit 5 **Indoor Chemical & Pollutant Source Control** Credit 6 Controllability of Systems, Perimeter/Non-perimeter 1-2 Thermal Comfort, Comply with ASHRAE 55-1992/Monitoring 1-2 Credit 7 Credit 8 Daylight & Views, Daylight 75% of Spaces/90% 1-2

#### 15 POINTS

Implement IAQ Plan
During construction and
Perform flush or testing
Prior to occupancy
IAQ management plan,
documentation,
schedule, field inspections

Specify and use Low-VOC materials-Submittals, documentation, field inspections



# LEED GOLD

700/ of our woods which squals to 2112 tops resvaled

## Construction Waste Management











### Construction Waste Management

			Re-use & Recycling			
			On-Site	Off-Site		
	Quantity	%				
Material	(in Tons)	was te	(re-use or recycle method)	(contractor/recycle outlet)		
Landfill	10.0127	7 710/		Ditabia Dubbla Landfill		
Esilialili	18.0137	7.71%		Ritchie Rubble Landfill		
Wood	111.81	47.85%	Separated at Landfill	Potomac Landfill		
Chaol			- · · · · ·			
Steel	82.64	35.37 %	Separated on Site	Clark Foundation		
Concrete	17.91	7.67%	Separated at Landfill	Potomac Landfill		
Paper	0	0.00%	Separated on Site	Recycle America Alliance		
Cardboard	3.28	1.40%	Separated at Landfill	Potomac Landfill		



• 72% of our waste which equals to 2143 tons recycled

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# Recycled Content

#### **Recycled Content in:**

- Reinforcement steel in concrete
- Slag in concrete for below grade structure, fly ash in CMU blocks
- Acoustical ceiling tile
- Drywall
- Carpet
- Wall Paper
- Countertops
- Insulation
- VCT flooring
- Ceramic tile
- Misc. Metals
- Fire Proofing





#### No recycled content in:

- White EPDM Roof
- Precast
- Window extrusions
- Paint
- Above grade concrete structure



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- 72% of our waste which equals to 2143 tons recycled
- 27% of materials used on this project had recycled content
- 62% of materials used on this project were locally manufactured 60% locally harvested

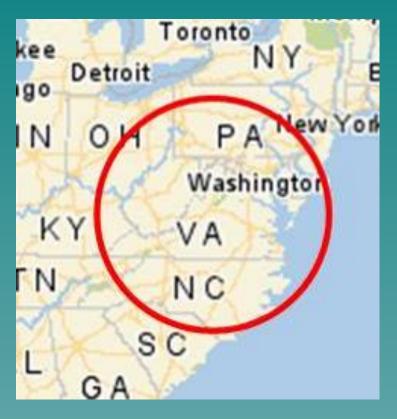
# Locally Manufactured & Harvested Materials

#### **Locally Manufactured & Harvested Materials:**

- Concrete
- Precast
- Drywall
- Acoustical Ceiling Tile

#### **Not Possible**

- Stone
- Certified Wood
- Window Systems
- Carpet with specified recycled content
- Ceramic Tile





- 72% of our waste which equals to 2143 tons recycled
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- 62% of materials used on this project were locally manufactured, 60% locally harvested
- 000/ of wood wood on the job was ESC partified

### **Certified Wood**

#### **Had Certified Wood:**

- All Millwork
- Wood Doors
- Concrete Formwork
- Misc. Safety Carpentry
- All Blocking
- Wood Flooring

# FSC

#### Not possible

Lagging for Sheeting & Shoring







- 72% of our waste which equals to 2143 tons recycled
- 27% of materials used on this project had recycled content
- 62% of materials used on this project were locally manufactured, 60% locally harvested
- 82% of wood used on the job was FSC certified
- All floors passed IAQ test successfully
- Low emitting (low VOC) paints, caulks, adhesives, carpet, plywood used on this project.

# Construction Indoor Air Quality













Green Leasing to a Government Tenant: Delivering High Performance Buildings at Potomac Yard



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- 82% of wood used on the job was FSC certified
- All floors passed IAQ test successfully
- Low emitting (low VOC) paints, caulks, adhesives, carpet, plywood used on this project.
- Additional Commissioning was Achieved per USGBC Requirements

# **Additional Commissioning**



#### KEYS TO OUR SUCCESS

- Have experienced LEED AP personnel on board
- Receive contract documents that clearly incorporates LEED requirements, understand expectations (will reduce increased bids from subs, no unknowns, no risks, no increased cost)
- Provide input to design team and client for any possible ways of achieving set goals cost effectively and timely
- Start Documentation as soon as construction starts
- Train subcontractors, provide clear direction. Include LEED requirements in subcontracts and scopes of work clearly.
- Have good and applicable construction waste management and IAQ plans. Have subcontractor input

# Integration of Sustainability and LEED Construction Processes

- Scopes of Work
- Subcontractor Education
- Submittal Review
- Material Tracking & Calculations supported
   w/ documentation
- Field Compliance Monitoring
- Photo Documentation

# Scope Management Tool

F	JAM	1ES G. DAVIS C	ONSTRUC	TION CORPORATION	
L	EED Impacts Matrix				
出		Total			Scope
		Construction	LEED	Subcontractor Requirement	Review
$oxed{\Box}$	Description of Material	Cost	Credit(s)		1/28/2003
	DAVIS REQUIREMENTS			General responsibilities include: Writing and implementation of construction waste management plan and construction indoor air quality plans; materials required to lower dust levels and prevent dust infiltration into finished areas; meeting FSC requirements with general carpentry goods if	
廾	S I T E W O R K				
	02100 Demolition	######	MR 2.1&2.2	Recycle/Salvage 75% material by weight from demolished structures; this does not include hazardous abatement materials (i.e. asbestos, lead paint and/or materials made unsalvageable by contamination); provide necessary manifests from material destination	

# Documentation: Subcontractor Inventory

#### JAMES G. DAVIS CONSTRUCTION CORPORATION

Cost Breakdown & Inventory Analysis Trade: Cast In Place Concrete Potomac Yard

#### Special Instructions:

- 1) Please provide detailed cost breakdown.
- 2) FSC/Certified Wood information, if applicable.
- 3) Please provide information on recycled content, if applicable.
- 4) Please provide location of manufacture and harvesting for materials.
- 5) Make copies of this sheet if you need more space.
- 6) Return no later than

Questions? Contact: Fulya Kocak 703.413.5091 ext 206

Material Cost		Certified Wood		Content	Manufacturer Name Location	Where material is Harvested or milled	
<u></u>	Yes	No	Yes	Nσ	City, State	City, State	
	T					T	
	x						
	-		-				
			x				
			х				
			х				
			x				
			х				
		Cost Yes	Cost Yes No	Cost Yes No Yes  X  X  X  X  X  X  X  X  X	Yes   No   Yes   No	Cost  Yes No Yes No City, State  X  X  X  X  X  X  X  X  X  X  X  X  X	

TOTAL:

## Documentation: General Contractor's Form

	Total	Material	Wood Materials		Regional Materials		Recycled Content	
	Construction		Wood Based	Certified	Manufactur ed	Harvested	% Post Consum er	% Post Industrial
Description of Material	Cost		Materials	Wood	Miles	Miles		
03300 CONCRETE								
Cast in Place Concrete	\$23,700,000	\$6,229,300	\$0.00	\$0.00	15	148	0.00%	0.90%
Cast in place concrete (metal forms-rented)	\$100,000	\$0.00	\$0.00	\$0.00	0	0	0.00%	0.00%
Formwork (certified wood)	\$500,000	\$631,000	\$631,000	\$543,000	40	>500	0.00%	0.00%
Cast in Place Rebar	\$4,320,000	\$4,320,000	\$0.00	\$0.00	203	203	85.00%	15.00%
Plastic bar supports		\$255,000	\$0.00	\$0.00	>500	>500	0.00%	20.00%

- Various stakeholders have conflicting requirements.
  - Realistically assess requirements and address requirements accordingly.
  - Example: Street lighting
- LEED certification requires teamwork.
  - Readily disclose information to build cooperative relationships.
  - Example: EPA to pay costs of Measurement & Verification and Green Power

- Various credits have conflicting requirements.
  - Coordinate credit requirements a reasonable strategy for one credit might conflict another.
  - Example: Recycled, consolidated latex paint
- Fulfilling credit requirements can lead to seemingly illogical decisions.
  - Credits are imperfect methods for achieving goals.
  - Example: MR Credit 5 intends to support regional economies, but leads to importing goods from Canada.

- LEED certification adds time to the construction process.
  - Hire LEED experience to minimize the time needed for research and education.
  - Examples: Material selection; IAQ requirements for carpet aging
- Enforcing the implementation of LEED requirements during construction is difficult.
  - Institute a quality control program, including frequent field inspections.
  - Example: Enforcing carpet aging

- Efficient construction practices are at odds with recycling requirements.
  - Dumpster management is critical.
  - Example: Piles of recyclables on the project
- The design and engineering for LEED improvements is costly.
  - LEED-related design costs are about 33% of the corresponding LEED-related construction costs.
  - Example: Building commissioning

- Pursuing LEED certification requires careful planning.
  - Set the goal of certification at project inception and meet early and often to achieve this goal.
  - Example: Zoning approval obtained before LEED registration
- Credit requirements are often obscure.
  - Clearly define questions posed to USGBC to avoid getting responses based on what USGBC would "like to see" instead of on what is required for certification.
  - Example: Evolving UGBC policies
- The LEED certification process is filled with uncertainty.
  - "Point management" is essential; go for the low-lying fruit, pursue points that add to costs without complicating the process, and bank "insurance points."
  - Example: Certification determined after completion

# Closing Thoughts

I'm glad Crescent decided to make LEED a priority on this project. While I think the LEED points system is [a] long way from perfect, it is definitely a step in the right direction. Building green is fairly easy to accomplish and it significantly improves our world. I wish more clients were willing to endure a little headache to bring their buildings to the next level in intelligent and high-performance design. "

Kathy Barcus, Davis Carter Scott

TREAT THE EARTH WELL.

IT WAS NOT GIVEN TO YOU BY YOUR PARENTS.

IT WAS LOANED TO YOU BY YOUR CHILDREN.

Kenyan Proverb

# For More Information

- http://leedcasestudies.usgbc.org/overview.cfm?ProjectID=654
- http://www.wbdg.org/references/cs\_potomac.php

Elizabeth W. Adams

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